

Successful Opportunities

Barnet Council – Ready2Volunteer Scheme

Organisations	Area of interest	Description
Dementia Club UK	Health, Elderly, Befriending	Support with an afternoon event for those with dementia. Welcome people with dementia and their carers in to a friendly environment where they are provided with refreshments and can socialise.
Heart Reach Bracelet Making Workshop	Health, Disability, Arts and Crafts	Heart Reach is a creative charity for individuals recovering from mental health. The team assisted with a bracelet making workshop.
Age UK – Tea and Texting	Health, Elderly, Teaching, Technology	Spend time with senior citizens and help them get to grips with basic tasks on their phone.
SweetTree Farming For All	Outdoors, Disability	Outdoor activities including clearing space, building a goat pen.
Food bank	Families, Food, Poverty	Help sort food or serve hot meals to members of the community.